



NIRMALA SRIDHAR
Trainer & Motivator

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Profile:

Trainer & Motivator imparting soft skills for students and professionals for 23 years. Training is my passion and gives me immense satisfaction while helping people to achieve their goals. As on date more than 30000 students, 10000 professionals have been trained.

Skills Imparted:

Soft skills, Personal skills Development
Language Enhancement
Exploring Self
Motivational Courses
Interview skills

Training Imparted

EDUCATIONAL INSTITUTIONS & CORPORATES

BUSINESS SCHOOL - IBS
SCHOOL OF FINANCIAL STUDIES
SCHOOL OF PUBLIC POLICY
St.MARY'S COLLEGE
SISTER NIVEDITA COLLEGE
RGR SIDDHANTHI COLLEGE
St.PHILOMENA's
THIRUMALA ENGG.COLLEGE

WIPRO, GE, VENUS, ICFAI, PRIYADARSHINI, MARCH, ICIT
St.MARK's PROGRESSIVE INSTITUTION

LIST OF TOPICS

➤ Personal skill Enhancement

- ❖ Interaction Involvement
- ❖ Perception and Attitude
- ❖ Effective Presentation
- ❖ Confidence building
- ❖ Creativity and lateral thinking
- ❖ Relationship building
- ❖ Time management & Goal setting

➤ Communication skills

- ❖ Confidence in conversation
- ❖ Effective Communication
- ❖ Listening skills
- ❖ Speaking skills
- ❖ Questioning skills
- ❖ Interview Skills

➤ Exploring self

- ❖ Dare to dream
- ❖ Be a winner
- ❖ Believing
- ❖ Understanding Oneself
- ❖ Self Motivation
- ❖ Overcoming stress
- ❖ Self development
- ❖ Sense of Purpose